

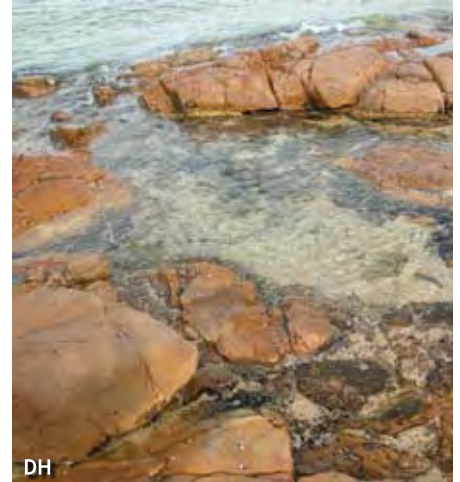
# Module 2: Rocky Shores



# NSW Rocky Shores

Rocky shores are unique habitats full of a variety of animals and plants. Due to the variation in rock composition on NSW rocky shores, there are five major habitat types – pools, cobbles, boulders, crevices and platforms – with each providing a living space for different types of plants and animals.

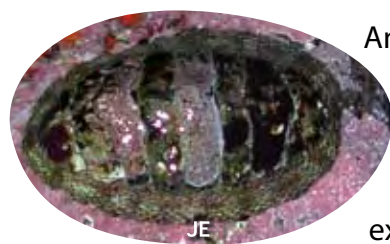
Rock pools retain water at low tide and often contain a high diversity of plants and animals. Cobbled areas often retain moisture when the tide is out, and provide habitat for smaller animals. Boulder fields provide shelter from pounding waves and shelter from the sun and wind. Crevices provide many sheltering and hiding places for a variety of animals. Platforms are often the most exposed habitats, and their most common inhabitants are lichens and hard-shelled animals.



## A harsh life

Life can be challenging for the creatures that live on the rocky shore, as organisms must cope with pounding waves, the harsh sun, fluctuating tides, wind, salt and rapid temperature changes. Rocky shore plants and animals have developed many adaptations to cope with these fluctuations.

Animals that live in the highest part of the rocky shore are out of the water for the longest time, and must deal with being dried out by the sun, wind and salt, but are able to survive by using a combination of adaptations. Being a light colour helps to reflect the sun's rays; grouping together is a strategy used to retain what little water is left after the last high tide; and the trap door (or operculum) to the entrance of the shell helps to retain water inside the shell between high tides, as well as safeguard against some predators.



Animals and plants that live in the lower reaches need to be able to cope with pounding waves. Limpets and chitons are well adapted to strong waves as they have a very strong muscular foot that helps them to firmly clamp to the rocks. They also have to cope with occasional drying out, and have shells or hard external surfaces to help with this.

## Tidal zones

Within the five major rocky shore types there are several further habitat distinctions on the rocky shore. These are based on tidal levels and can be broken into three general zones: the lower littoral zone, the mid littoral zone and the upper littoral zone. In some areas, these zones can be distinctly identified by the animals that live there, while adaptations of the animals correspond to how they are able to survive in those locations.

## The upper littoral zone

Blue-grey periwinkles (*Austrolittorina* spp.) are especially adapted to the harsh conditions of the dry upper littoral zone. They are able to trap water inside their shell to prevent moisture escaping, and cling to the rock face while the tide is out. When the tide is high, they move around "grazing" on tiny plants growing on the rock surface.



## The mid littoral zone

This zone is frequently dominated by the white tube worm (*Galeolaria* spp.) which needs access to the water yet has the ability to lock water into the tube by closing its operculum so that it can survive the low tide. When the tide is high, the worm feeds on tiny plants and animals which it filters from the water. Many creatures that occupy this zone have similar adaptations.



## The lower littoral zone

Cunjevoi (*Pyura stolonifera*) are common animals in the lower zone. These animals are filter feeders and play an important role in cleaning the ocean's waters. They retain water inside them at low tide to prevent them from drying out. Most species in this zone need to be constantly covered by seawater and cannot survive for long if exposed to the sun for an extended time.



## Dangerous animals

There are also some animals on the rocky shore that should not be touched, as they are quite dangerous, such as the cone shell, the sea urchin and the blue-ringed octopus. It is important to know what they look like and to AVOID THEM!!!



CONE SHELL  
GK



SEA URCHIN  
JE



BLUE RINGED  
OCTOPUS  
JN

## Enjoy and protect

Many visitors to marine parks enjoy snorkelling, exploring rock pools, and collecting and fishing from rocky shores. While the plants and animals on rocky shores in marine park sanctuary zones cannot be collected, the majority are within habitat protection zones that generally allow for a range of activities. For more information, check the local marine park zoning guide.

Many small animals may be crushed or damaged by people walking on them, and also by turning over or removing the rocks which are their home. Rocky shores are also important feeding and nesting areas for some threatened bird species, such as sooty oystercatchers, and disturbance by humans and animals can interfere with their breeding cycles.



## Safety for you and the environment

Here are some tips to use when visiting rocky shores that will help to keep them healthy and interesting areas for a long time to come:

- Leave the plants and animals in their homes rather than take them to yours.
- Take your rubbish with you when you leave.
- Return overturned rocks to their original positions.
- Try to retrieve fishing line and other rubbish off snags to help clean up the rock platform.
- Tread carefully so as not to damage plants, animals and their habitats.
- Remember: take nothing but photographs, leave nothing but footprints!

You should also remember to stay safe when you are visiting the rocky shore. You should always:

- stay away from the edge
- look out to sea so you know when waves are coming
- wear sunscreen and cover up to avoid sunburn
- wear safe shoes that will stop you from slipping
- take lots of water to drink.



# Rocky Shores of the Port Stephens-Great Lakes Marine Park

Rocky shores make up a significant portion of the intertidal zone within the Port Stephens-Great Lakes Marine Park. There are several different forms of rocky shore: some are smooth, flat platforms and others, more common in the Port Stephens-Great Lakes Marine Park, are very jagged, with many rock pools and crevices.

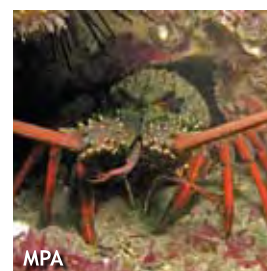
The greatest diversity of animals and plants of all the rocky shores in the marine park can be found on the headlands from Fingal Bay to Birubi Point in the southern section of the park. The headlands in this area are easily accessible for rock pool rambling, with the best rock pools found at Birubi Point, Fishermans Bay (right) and Boat Harbour. Box Beach has been identified as having the highest species diversity (129 species) and the highest number of unique species (12), whilst Birubi Point contains a high diversity of habitats and 104 species. Five rock platforms within the marine park have been identified as having significant natural values: Cape Hawke, Bald Head, Treachery Head and Yagon Gibber Headland, Dark Point and Tomaree Head. Bald Head was also identified as significant because of its distinct geomorphology and diversity of fauna and flora.



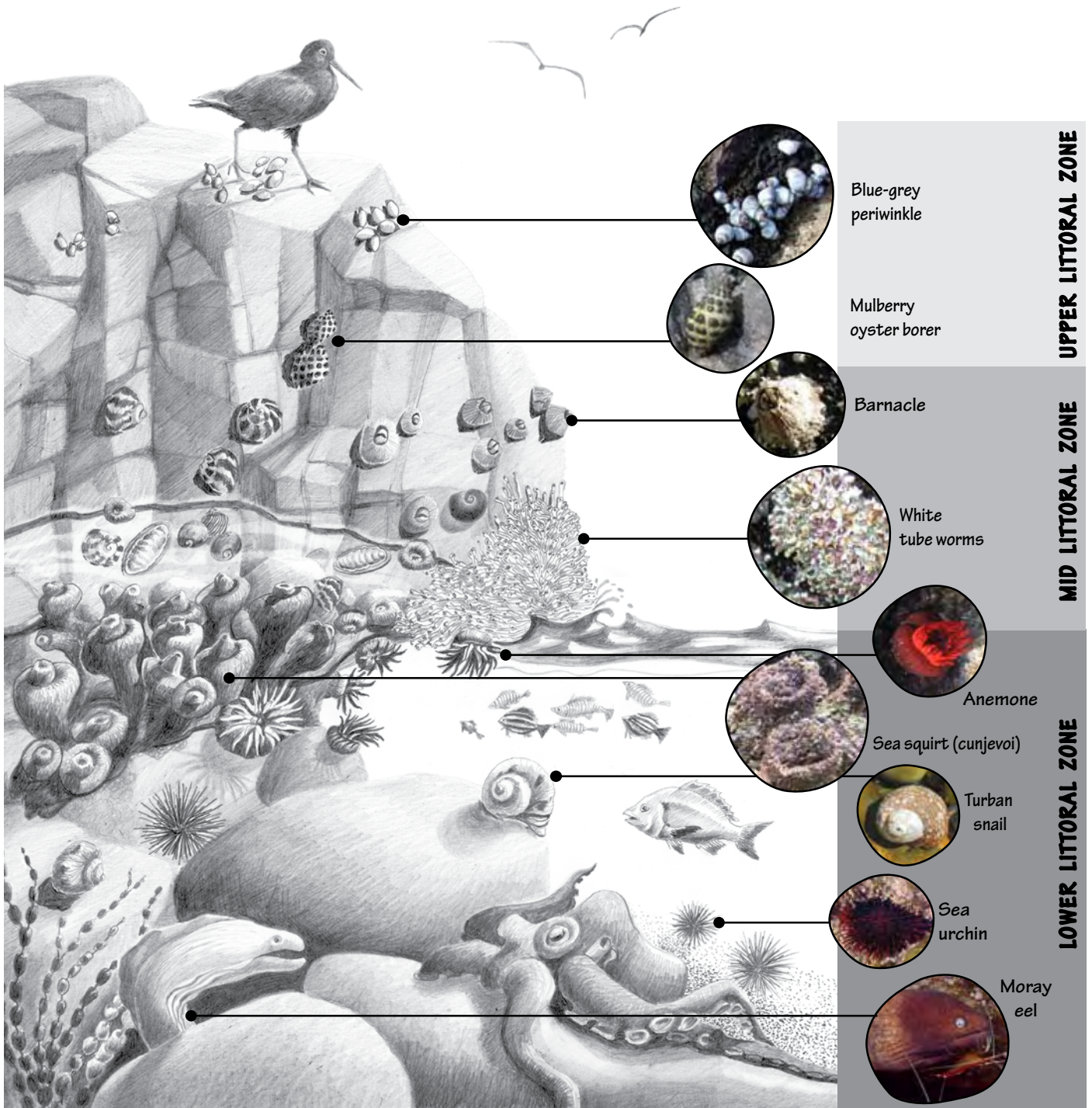
Molluscs, which include gastropods (such as whelks and limpets), chitons, oysters and mussels, are some of the most diverse and abundant animals on rocky shores. A number of crustaceans are also common, particularly barnacles and crabs, along with several sea urchins, starfish and anemones (bottom far left). There is also often a diverse range of plant species that grow on rocky shores, such as Neptunes necklace, several green seaweeds (*Ulva* spp.), and red seaweeds.

Hiding in amongst the algae and sponges of the marine park rock pools is a mollusc species commonly known as a nudibranch. Nudibranchs are an underwater sea slug, and two of the most common species found in the rocks pools are *Glossodoris atromarginata* (bottom left) and *Neodoris chrysothorax*. Closely related to the nudibranchs are the sea hares (*Aplysia* sp. – bottom middle), which are a much larger sea slug with large “ear-like” appendages at the front of the head. Occasionally, small eastern rock lobsters – *Jasus verreauxi* (bottom right) – can be found underneath the bright green carpet weed known as *Caulerpa filiformis*.

Several types of fish can often be found in the rock pools. The most commonly observed fish are small gobies, stripeys and juvenile mullet. The juvenile black cod – *Epinephelus daemelli* (bottom far right) – a threatened fish species in NSW, is sometimes found in amongst the rock pools in the marine park. Care must be taken if looking under rocks, as rock pools are home to the blue-lined octopus (*Hapalochlaena maculosa*), a very poisonous species that must be avoided.



STUDENT IDENTIFICATION GUIDE  
**Life on the Rocky Shore**



Artwork by Anne Willman

# Rocky Shore Organisms of the Port Stephens-Great Lakes Marine Park

## Neptune's necklace

(*Hormosira banksii*)  
A seaweed that provides shelter and food for animals.



DM

## Sea lettuce

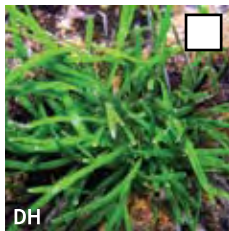
(*Ulva* spp.)  
A widespread green seaweed that is a popular source of food for many species.



JE

## Carpet weed

(*Caulerpa filiformis*)  
A green marine plant that forms dense "carpet" meadows over rocks in shallow waters.



DH

## Padina

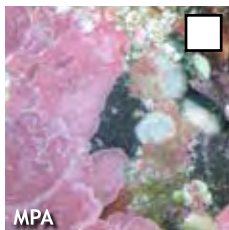
(*Padina* spp.)  
Padina is a brown seaweed that is calcified and has a chemical defence to stop it being eaten.



HB

## Encrusting coralline algae

A calcifying algae that grows over the rocks and often over animals' shells.



MPA

## Dictyota

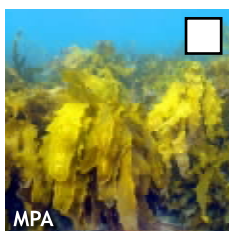
(*Dictyota dichotoma*)  
Dictyota is an iridescent seaweed with a chemical defence to prevent snails eating it.



DM

## Leather kelp

(*Eklonia radiata*)  
This common kelp has a very strong holdfast that helps it cling to rocks.



MPA

## Sooty oystercatcher

(*Haematopus fuliginosus*)  
This bird uses its long beak to open oysters and other shellfish.



JE

## Australasian gannet

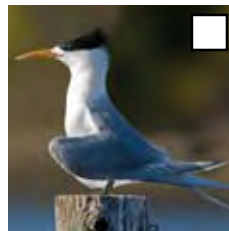
(*Morus serrator*)  
A white seabird that can often be seen diving into the water for fish.



MR

## Crested tern

(*Sterna bergii*)  
A common seabird that dives into the water to catch prey just under the surface.



JE

## Sea eagle

(*Haliaeetus leucogaster*)  
This bird of prey often perches on high tree limbs to watch over the coast.



JE

## Cormorant

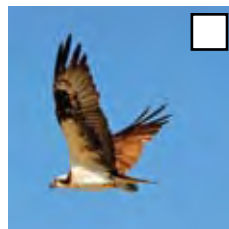
(*Phalacrocorax* spp.)  
The feathers of this bird absorb water to help it dive and swim for fish.



JE

## Osprey

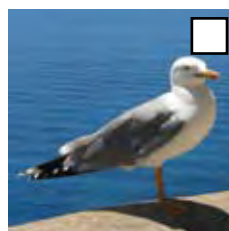
(*Pandion haliaetus*)  
A bird of prey that plunges with feet forward into the sea to catch fish up to a metre deep.



JE

## Silver gull

(*Larus novaehollandiae*)  
A very successful scavenger, this gull also eats fish and crustaceans.



JE

## Red crab

(*Plagusia chabrus*)  
This crab lives below the tide mark where it feeds on sponges and hydroids.



DH

## Cartrut shell

(*Dicathais orbita*)  
An important predator on rock platforms that can control the number of barnacles and mussels.



JE

## Vermilion biscuit sea star

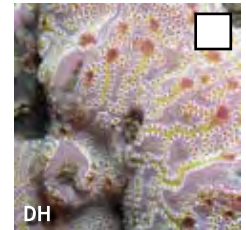
(*Pentagonaster duebeni*)  
This animal is bright red in colour with white pattern-forming stripes.



MPA

## Ascidian

(*Botrylloides leaschi*)  
Related to the sea squirt, ascidians can be found in many different colours growing on rocks.



DH

## Sea hare

(*Aplysia* spp.)  
A large sea slug that is camouflaged well to avoid predators.



MG

## Elephant snail

(*Scutus antipodes*)  
This slug-like animal has a soft black mantle and a hard white shell, and it feeds on algae at night.



JE

## Military turban

(*Turbo militaris*)  
Silver and greenish in colour with orange and brown markings covering the surface, this shell has large, pronounced spines.



BV

# Stage 1 - Local Places

## Teacher Activity Plan

### Level

Stage 1 - Local Places  
COG Group A - Exploring Our Place

### Key Learning Areas

ENS1.5, ENS1.6, BES1.1

### Objectives

The objectives of this activity are: to gather information on rocky shore animals; to learn how they interact with each other and their environment; to gain an appreciation of the complexities of the rocky shore habitat; and to understand why many of these areas are protected by NSW marine parks.

### Excursion Timing

The excursions must be undertaken at low tide. Check the tide times at:

<http://www.bom.gov.au/oceanography/tides>

### Equipment Used

- computer with Microsoft PowerPoint
- coloured pencils

### Teacher Resources

Please contact the marine park office on 4984 8270 for a copy of all educational material on CD or to request staff attendance for excursion support. Additional resources are available on:

<http://www.mpa.nsw.gov.au>

[http://www.mesa.edu.au/friends/seashores/rocky\\_shores.html](http://www.mesa.edu.au/friends/seashores/rocky_shores.html)

[http://www.hcr.cma.nsw.gov.au/ep\\_resources.php3](http://www.hcr.cma.nsw.gov.au/ep_resources.php3)

The Mollusc Man CD, a free resource that can be ordered from:

<http://www.occi.org.au/molluscman.html>

### About this program

This module is designed to cover ENS1.5, ENS1.6 and BES1.1, and when combined with the other three modules in this kit, addresses the key learning areas for COG Group A Stage 1 - Local Places. Follow up this module with the Marine Parks, Estuaries and Sea Country modules for further insight into the local environment. The modules are designed to address the NSW DET primary school curriculum, and can be used to complement current teaching programs.

Education material in this module consists of this **Activity Plan** to guide teachers through an excursion, a **Fact Sheet** to provide background information on rocky shores, a **Microsoft PowerPoint Presentation** that features rocky shore animals, and an **ID Guide** for both teachers and students to identify the most common animals and plants found on rocky shores.

### Activity 1 - Rocky shore critter case study

The provided Microsoft PowerPoint presentation has a feature animal for each day of the week. Each morning, show the day's animal and read out the accompanying information on the slide. Photocopy the animal outline provided (perhaps at different sizes for variation), and give it to the students to colour after they have seen the day's slide:

- Monday – Annie the Anemone
- Tuesday – Stevie the Sea Star
- Wednesday – Cathy the Crab
- Thursday – Warwick the Weed
- Friday – Occy the Octopus

At the end of the week, create a montage of a rock pool with the cut-out critters.

Use the fact sheet as a guide to where the animals are most likely to be situated on a rocky shore to create a big rocky shore montage.

### Optional excursion

Follow up Activity 1 with an excursion to your nearest rocky shore to meet the inhabitants in person. Use the ID sheet to identify some of the plants and animals found on the rocky shore, and ask the students to tick them off "bingo"-style as they find them. Refer to the Rocky Shores Risk Analysis (pp.50-51) to ensure student safety.

A food web game is provided at the end of the module and can be used in the classroom or on an excursion.

### Possible locations within the Port Stephens-Great Lakes

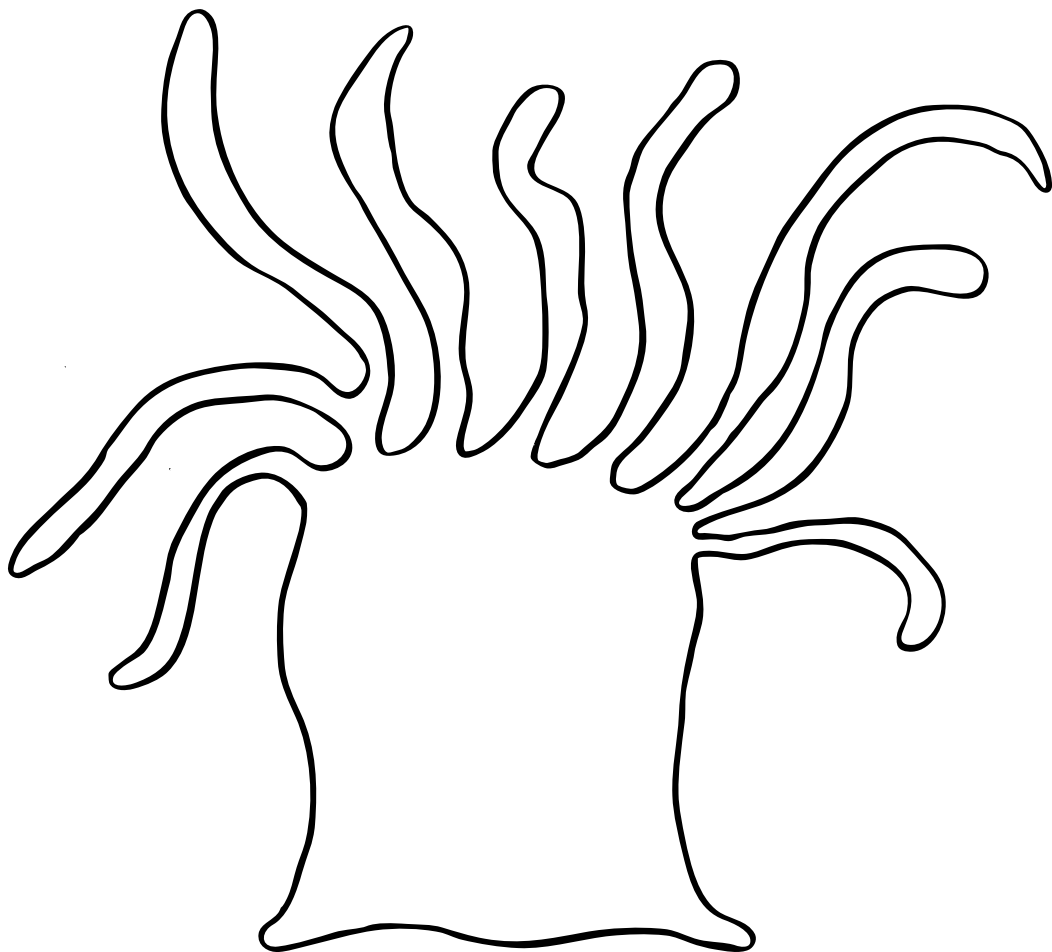
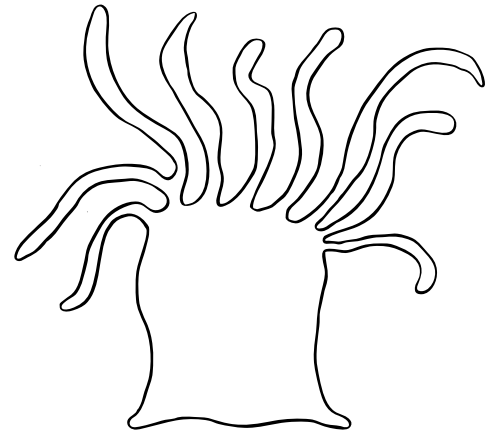
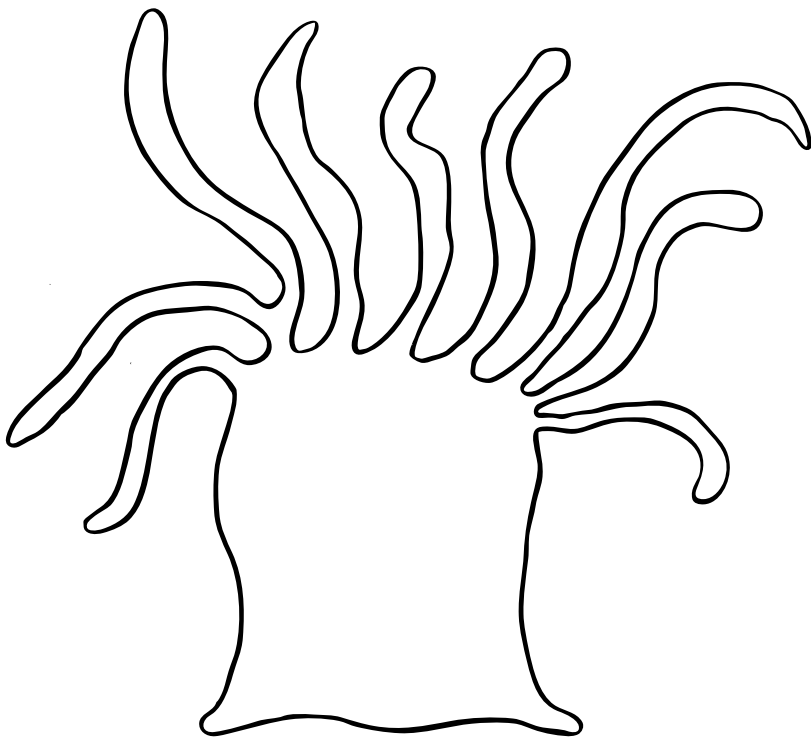
#### Marine Park

Please contact the marine park office on 4984 8270 for suggested excursion locations.

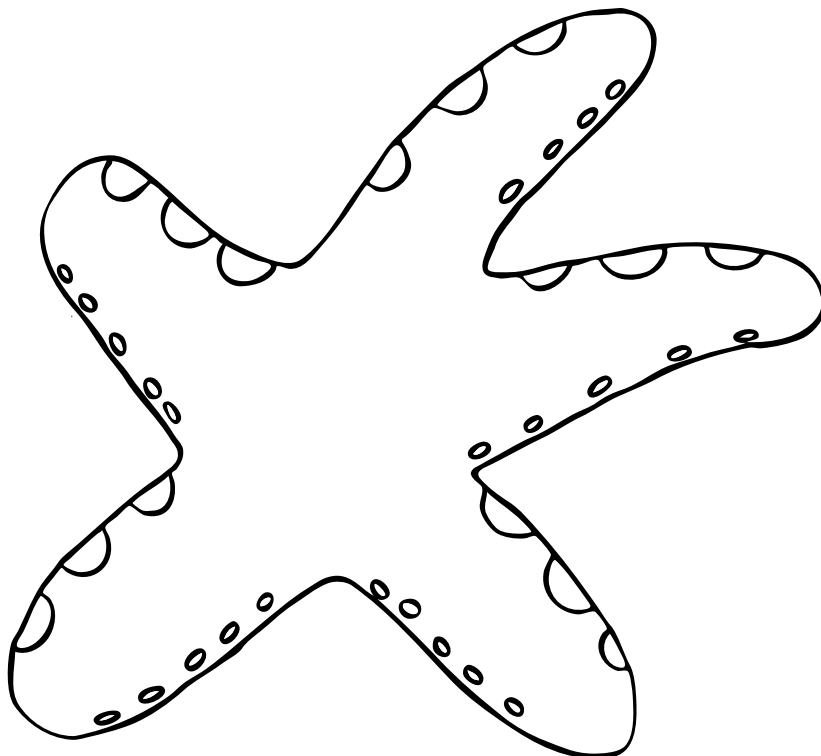
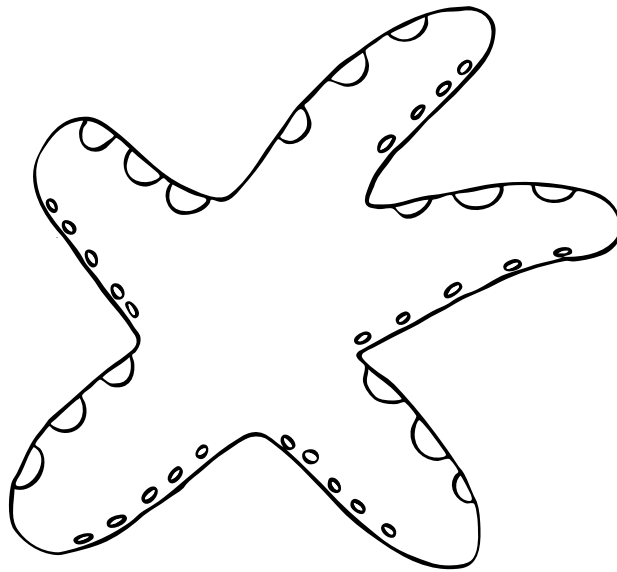
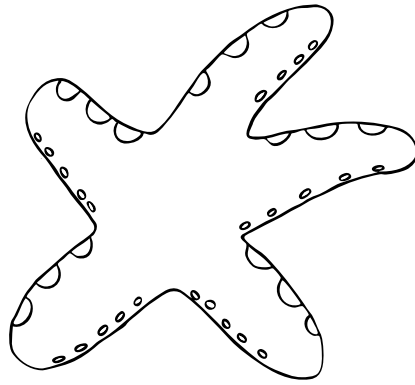
Additional excursion activities are included in Stage 3, Activity 2 if time permits. Refer to the Rocky Shores Risk Analysis (pp.50-51) to ensure student safety.



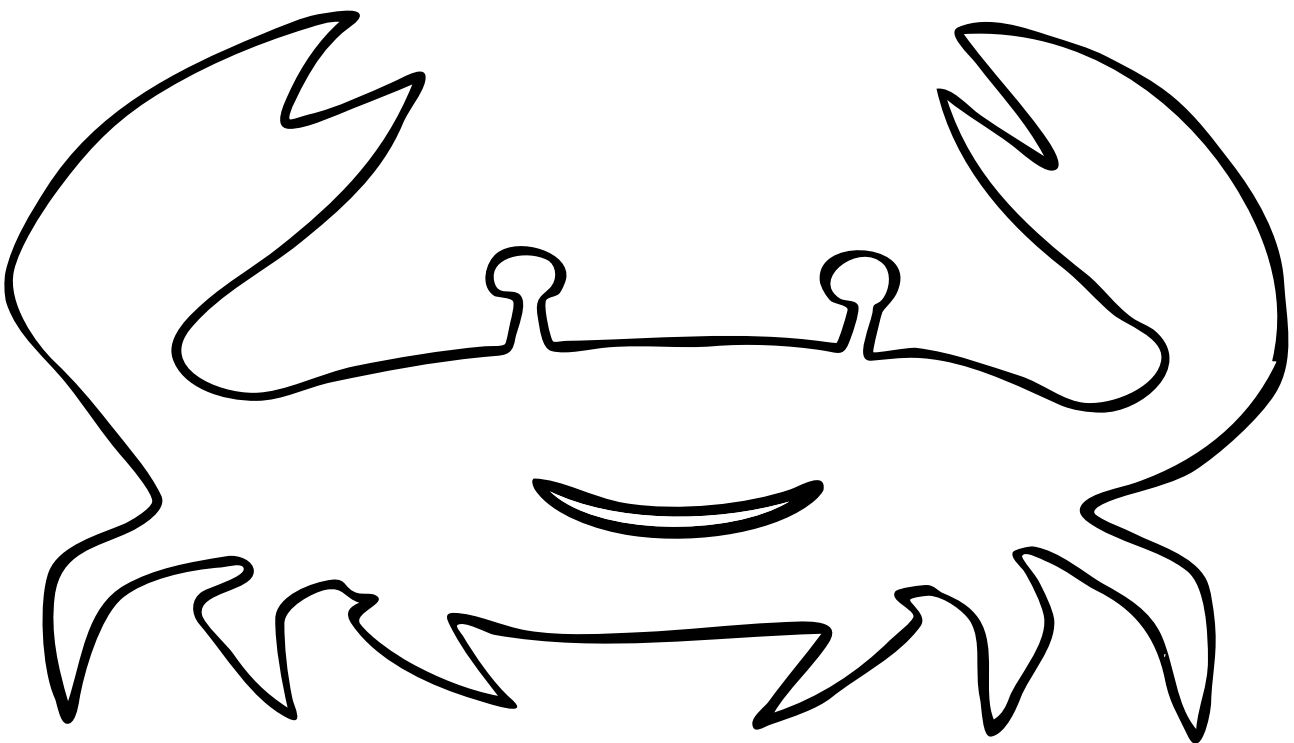
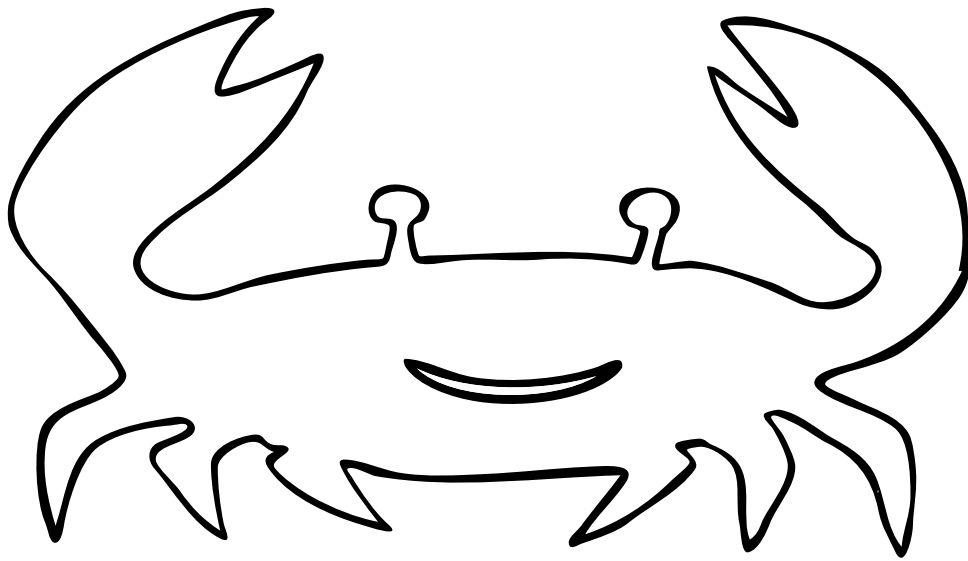
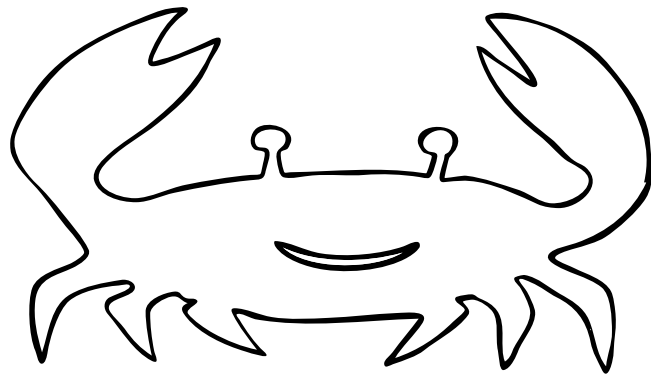
# Annie the Anemone



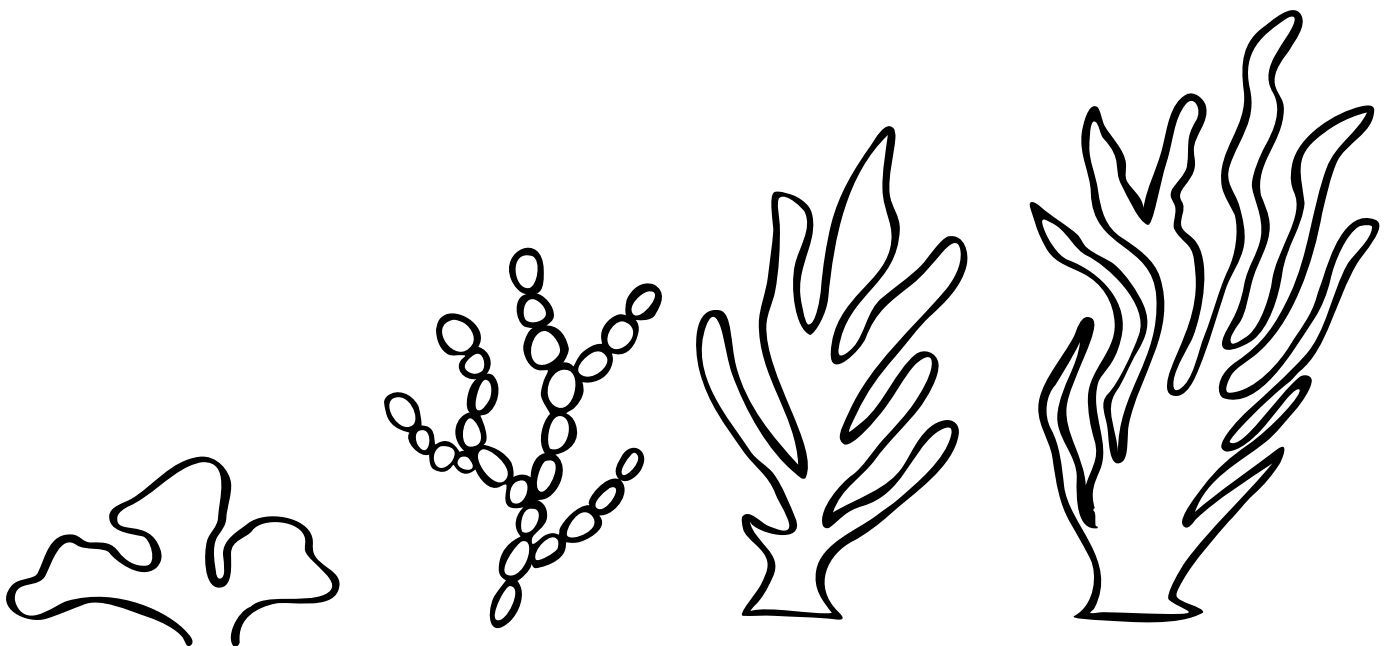
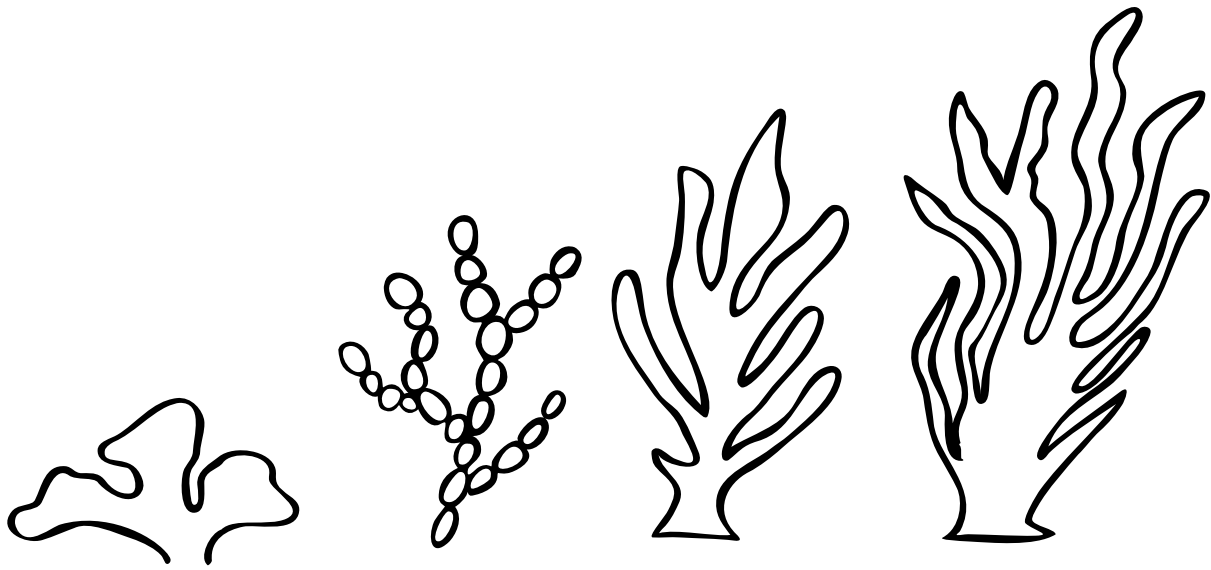
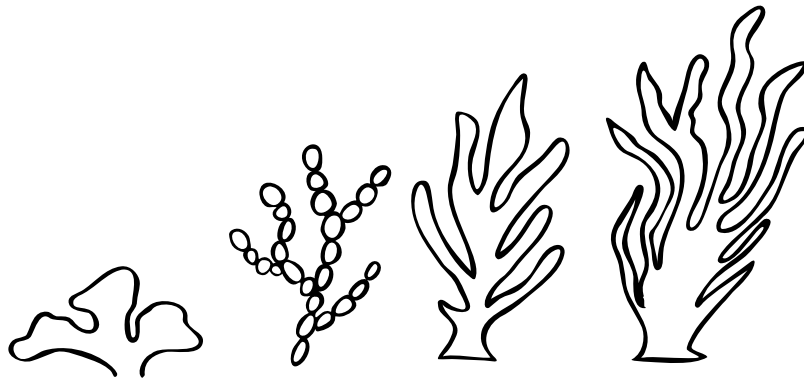
# Stevie the Sea Star



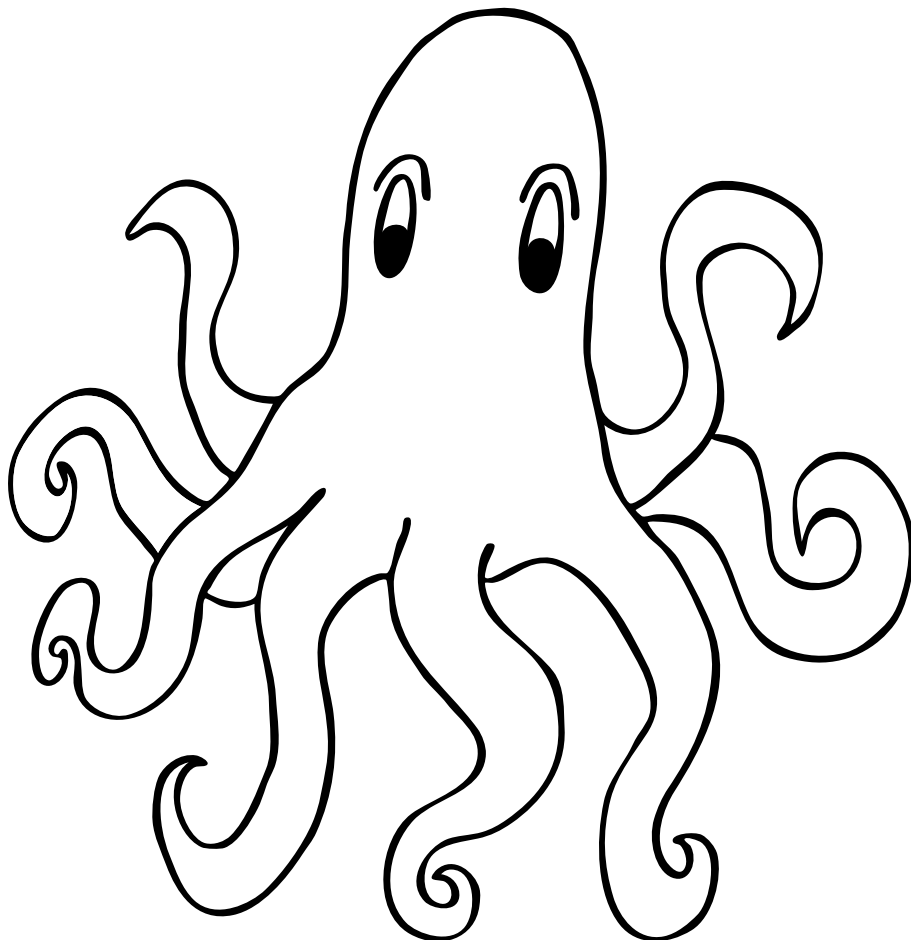
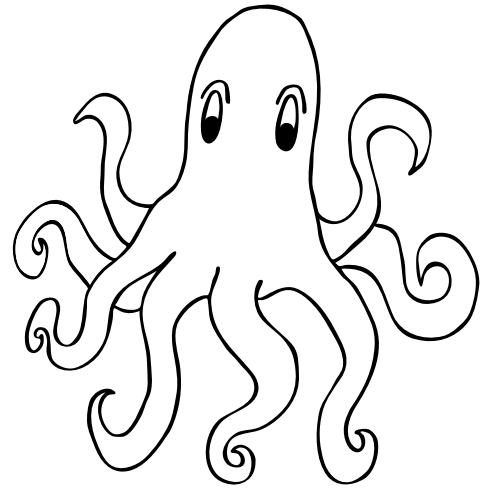
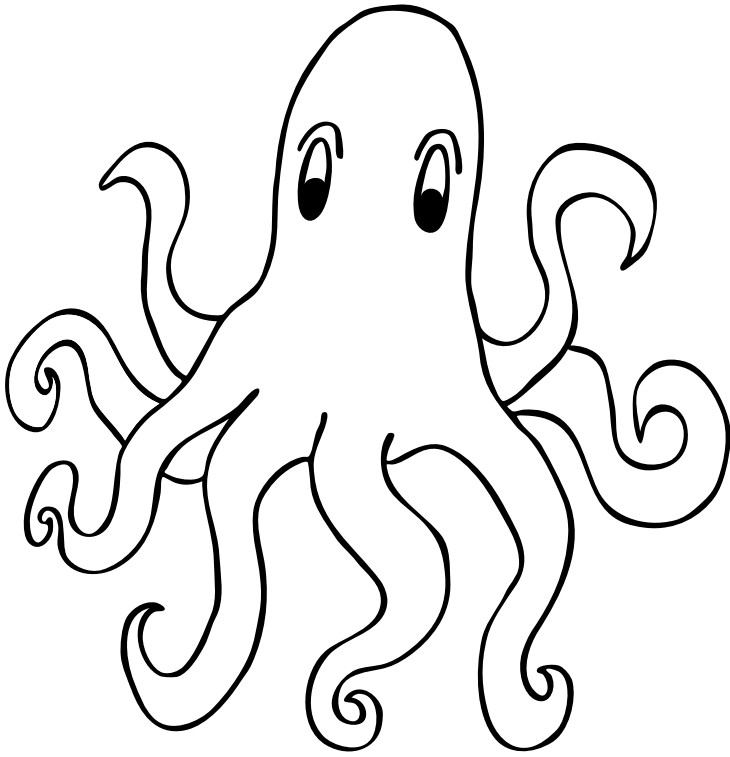
# Cathy the Crab



# Warwick the Weed



# Occy the Octopus



# Stage 2 - Local Environments

## Teacher Activity Plan

### Level

Stage 2 - Local Environments  
COG Group A - Exploring Our Place

### Key Learning Areas

ENS2.5, ENS2.6

### Objectives

The objectives of this activity are: to create and study a rock pool-type environment at school; to look at some of the challenges rocky shore marine life experiences; to identify key rocky shore organisms; and to develop an understanding of how to care for the rocky shore environment.

### Excursion Timing

The excursion must be undertaken at low tide. Check the tide times at:

<http://www.bom.gov.au/oceanography/tides>

### Equipment Used

- large plastic storage tub
- gravel/sand
- rocks
- water
- salt
- specific gravity meter/hydrometer
- black and white bottle caps
- Blu-Tack
- wool (green is best)
- permanent marker
- thermometer

### Teacher Resources

Please contact the marine park office on 4984 8270 for a copy of all educational material on CD or to request staff attendance for excursion support. Additional resources are available on:

<http://www.mpa.nsw.gov.au>

[http://www.mesa.edu.au/friends/seashores/rocky\\_shores.html](http://www.mesa.edu.au/friends/seashores/rocky_shores.html)

[http://www.hcr.cma.nsw.gov.au/ep\\_resources.php3](http://www.hcr.cma.nsw.gov.au/ep_resources.php3)

The Mollusc Man CD, a free resource that can be ordered from:

<http://www.occi.org.au/molluscman.html>

### About this program

This module is designed to cover ENS2.5 and ENS2.6, and when combined with the other three modules in this kit, addresses the key learning areas for COG Group A, Stage 2 - Local Environments. Follow up this module with the Marine Parks, Estuaries and Sea Country modules for further insight into the local environment. The modules are designed to address the NSW DET primary school curriculum, and can be used to complement current teaching programs.

Education material in this module consists of this **Activity Plan** to guide teachers through an activity, a **Fact Sheet** to provide background information on rocky shores, a student **Work Sheet** to record information, and an **ID Guide** for both teachers and students to identify the most common animals and plants found on rocky shores.

### Activity 1

To “make” a rock pool, students will need the items listed on the left under “Equipment Used”. Before they begin, place the tub in a spot outside the classroom that will get the full sun during the day. Once the tub is full of rocks and water it will not be easy to move. Use a lid to cover the tub at night.

Start by making the seawater: In the tub add 35 grams of salt to 1000 grams of fresh water and mix until dissolved. For accuracy, use a specific gravity meter/hydrometer. (Inexpensive meters are available at aquarium shops.) Seawater is 35ppt (35 parts of salt dissolved in 1000 parts of water, or 35 parts per thousand); fresh water is 0.5ppt. Show the students the difference on the meter, or even get them to taste the difference.

Line the bottom of the tub with gravel, sand or rocks. Then, on a sloping angle, build up the sides of the tub with the rocks. Ensure that some of the rocks are out of the water so that they will stay dry. Mark the waterline on the tub with a permanent marker to monitor the water level.

Now students can start using man-made items to represent the animals that live on the rocky shore and place them accordingly. Use the fact sheets and ID guide to help. For example, use bottle caps as snails that live just near the water (white = white-topped periwinkle, black = black *Nerita*), and Blu-Tack them down onto the rocks. Use wool as seaweed and wedge it under the rocks in the water to let it float. Get the students to use their imagination to see what they can come up with.

Use art classes to make some fish, anemones, urchins or other critters with material such as clay, Blu-Tack, etc. to decorate the rock pool.

When the rock pool is finished, begin measuring the temperature changes. Use the Rock Pool Data sheet to record the changes over a few days. Measure the temperature of the water in the morning, at midday, and again in the afternoon. Use the hydrometer to measure the salinity over the same time, and watch to see if water is evaporating and if there is a salt line left on the rocks. Get the students to feel the difference in the temperature of the rocks in the morning and at midday.

During the study, discuss the difference between having a white or a black shell as a home when living out in the sun; where the animals would hide from predators; and how we should responsibly interact with the rocky shore (turn rocks back over so the animals are not left exposed, remove rubbish, etc.). On day five, note your observations over the five days and discuss as a class.

### Optional excursion

Follow up this activity with a trip to your local rocky shore to study a real rock pool. Use the same Rock Pool Data sheet to measure the salinity and temperature, and note where the animals are in the rock pool. Use the ID sheet to identify any animals and plants. If time permits, additional excursion activities are included in Stage 3, Activity 2. Refer to the Rocky Shores Risk Analysis (pp.50-51) to ensure student safety.

# Activity Sheet - Rock Pool Data

Name: .....

Date commenced: .....

DAY 1	Result	How hot do the dry rocks feel?
Morning water temperature		<input type="checkbox"/> Cold <input type="checkbox"/> Warm <input type="checkbox"/> Hot
Midday water temperature		<input type="checkbox"/> Cold <input type="checkbox"/> Warm <input type="checkbox"/> Hot
Afternoon water temperature		<input type="checkbox"/> Cold <input type="checkbox"/> Warm <input type="checkbox"/> Hot
Afternoon water salinity (saltiness)		
Has the water level changed?		
Is there a salt line on the rocks?		

DAY 2	Result	How hot do the dry rocks feel?
Morning water temperature		<input type="checkbox"/> Cold <input type="checkbox"/> Warm <input type="checkbox"/> Hot
Midday water temperature		<input type="checkbox"/> Cold <input type="checkbox"/> Warm <input type="checkbox"/> Hot
Afternoon water temperature		<input type="checkbox"/> Cold <input type="checkbox"/> Warm <input type="checkbox"/> Hot
Afternoon water salinity (saltiness)		
Has the water level changed?		
Is there a salt line on the rocks?		

DAY 3	Result	How hot do the dry rocks feel?
Morning water temperature		<input type="checkbox"/> Cold <input type="checkbox"/> Warm <input type="checkbox"/> Hot
Midday water temperature		<input type="checkbox"/> Cold <input type="checkbox"/> Warm <input type="checkbox"/> Hot
Afternoon water temperature		<input type="checkbox"/> Cold <input type="checkbox"/> Warm <input type="checkbox"/> Hot
Afternoon water salinity (saltiness)		
Has the water level changed?		
Is there a salt line on the rocks?		

DAY 4	Result	How hot do the dry rocks feel?
Morning water temperature		<input type="checkbox"/> Cold <input type="checkbox"/> Warm <input type="checkbox"/> Hot
Midday water temperature		<input type="checkbox"/> Cold <input type="checkbox"/> Warm <input type="checkbox"/> Hot
Afternoon water temperature		<input type="checkbox"/> Cold <input type="checkbox"/> Warm <input type="checkbox"/> Hot
Afternoon water salinity (saltiness)		
Has the water level changed?		
Is there a salt line on the rocks?		

DAY 5	Result	How hot do the dry rocks feel?
Morning water temperature		<input type="checkbox"/> Cold <input type="checkbox"/> Warm <input type="checkbox"/> Hot
Midday water temperature		<input type="checkbox"/> Cold <input type="checkbox"/> Warm <input type="checkbox"/> Hot
Afternoon water temperature		<input type="checkbox"/> Cold <input type="checkbox"/> Warm <input type="checkbox"/> Hot
Afternoon water salinity (saltiness)		
Has the water level changed?		
Is there a salt line on the rocks?		

What is the difference between having a white shell or a black shell as a home when living out in the sun?

.....

.....

.....

.....

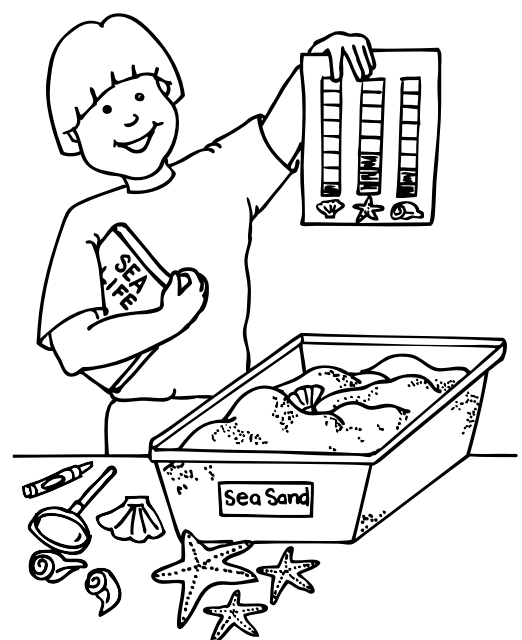
What other observations can you record from this activity?

.....

.....

.....

.....





# Stage 3 - Living Land

## Teacher Activity Plan

### Level

Stage 3 - Living Land

COG Group A - Exploring Our Place

### Key Learning Areas

ENS3.5, ENS3.6, DMS3.8, BES3.1, UTS3.9

### Objectives

The objectives of this activity are: to identify key organisms on the rocky shore; to understand how they interact with each other and their environment; to appreciate the complexities of the rocky shore habitat; and to discover why many of these areas are protected by NSW marine parks.

### Excursion Timing

The excursions must be undertaken at low tide. Check the tide times at:

<http://www.bom.gov.au/oceanography/tides>

### Equipment Used

- 1m<sup>2</sup> quadrats
- pencils
- thermometer
- large sheets of paper

### Teacher Resources

Please contact the marine park office on 4984 8270 for a copy of all educational material on CD or to request staff attendance for excursion support. Additional resources are available on:

<http://www.mpa.nsw.gov.au>

[http://www.mesa.edu.au/friends/seashores/rocky\\_shores.html](http://www.mesa.edu.au/friends/seashores/rocky_shores.html)

[http://www.hcr.cma.nsw.gov.au/ep\\_resources.php3](http://www.hcr.cma.nsw.gov.au/ep_resources.php3)

The Mollusc Man CD, a free resource that can be ordered from:

<http://www.occi.org.au/molluscman.html>

### About this program

This module is designed to cover ENS3.5, ENS3.6, DMS3.8, BES3.1 and UTS3.9, and when combined with the other three modules in this kit, addresses the key learning areas for COG Group A, Stage 3 - Living Land. Follow up this module with the Marine Parks, Estuaries and Sea Country modules for further insight into the local environment. The modules are designed to address the NSW DET primary school curriculum, and can be used to complement current teaching programs.

Education material in this module consists of this **Activity Plan** to guide teachers through an excursion, a **Fact Sheet** to provide background information on rocky shores, a **Work Sheet** for the students to use to gather the information in the field, and an **ID Guide** for both teachers and students to identify the most common animals and plants found on rocky shores.

### Activity 1

To refresh students about the animals of the rocky shore, refer to the fact sheets and Stage 1 Microsoft PowerPoint presentation. Hand out large sheets of paper, then get the students to draw a rocky shore, including animals and zonation they may expect to see on the excursion. Use the ID guides for inspiration.

### Activity 2 - Excursion

Take the students to a local rocky shore and conduct quadrat sampling to determine species distribution and abundance. Use the student ID guides to determine what plants and animals can be found in the different littoral zones on the rocky shore.

- Introduce the program.
- Give a safety brief using the Rocky Shores Risk Analysis (pp.50-51).
- Break the class into small groups.
- Explain the methods:
  - Each group is to place the quadrats\* in four locations from the low tide zone up to the high tide zone.
  - Use the ID guides to identify and tick off the animals that are found in each quadrat.
  - Record the numbers of each animal found in the quadrats on Activity Sheet 1.
  - Use the activity sheets to discover the differences in the animal distribution from the high tide mark to the low water mark. These activity sheets should be used as a guide only. Have students answer all questions for a thorough study, or a small selection for an overview study.

*\*The use of quadrats is recommended to help count the plants and animals in a designated area; however, if 1m<sup>2</sup> quadrats are not available, then use alternate measuring devices such as hula hoops. An easy way to make a quadrat is by joining 4 x 1m pieces of poly pipe with poly pipe elbows, either glued together for strength or left unglued so they can be disassembled and stored easily.*

- In groups, students should calculate averages of species numbers in their quadrats for each of the four locations.
- These results should be pooled for the class.

### Optional activities

A food web game is provided at the end of the module, and can be used in the classroom or on an excursion.

If time permits, an additional excursion can be conducted using Activity Sheet 2. Refer to the Rocky Shores Risk Analysis (pp.50-51) to ensure student safety.

# Activity Sheet 1 - Explore the Rocky Shore



## Using Quadrats on the Rocky Shore

Some animals have adapted to living where they do not get much access to water, and some have adapted to the strong waves that crash over them most of the time. In this activity, we will discover which animals can live in which areas.

### Method:

Working in small groups, put the quadrats at intervals across the rock platform from near the water's edge (lower littoral zone) to the upper littoral zone. Have one person act as a "lookout" by always watching the waves.

Use the ID guide to identify any animals and plants you can see inside your quadrat, count how many there are, and record your results in the table below. (If you are unaware of what it is, you can describe it and research it later.)

### Results:

1. Record the total number of each animal or plant that is present in your quadrat:

Quadrat	Plant	Number	Animal	Number
1	<i>e.g. Neptune's necklace</i>	3	<i>e.g. Octopus</i>	1
2				
3				
4				

Notes:

## The Rocky Shore Environment

Why do you think it is important to look after our rocky shores?

.....

.....

.....

.....

.....

.....

What do you think the benefits of marine parks would bring to the rocky shores?

.....

.....

.....

.....

.....

.....



2. Which animal did you see the most in each quadrat?

Quadrat 1: .....

Quadrat 2: .....

Quadrat 3: .....

Quadrat 4: .....

3. Are there any changes as you move away from the water's edge?

.....

.....

.....

4. How do you think the animals close to the waves can survive without being washed off?

.....

.....

.....

5. How do you think the animals living near the high tide mark can survive long periods without water?

.....

.....

.....

### Conclusion:

Why do you think the types of animals and plants change as you move away from the water?

.....

.....

.....

.....

Why are rock platforms important?

.....

.....

.....

# Activity Sheet 2 - Explore the Rocky Shore



By exploring the rocky shore we will be able to find and identify some common animals and plants that live in this habitat, and also discover how they can survive in such a challenging environment.

## Animals of the Rocky Shore

Find a rock pool, sit quietly around the pool and see how many animals and plants you can identify on the ID guide. Tick what you can find.

1. Choose ONE animal that you found on your exploration and draw it.

2. Using the ID guide, what is the name of your animal?  
.....

3. What does your animal eat?  
.....  
.....

4. Tick how you think your animal can cope with living on the rocky shore:  
 It lives in the water to stay wet and cool.  
 It lives in cracks to hide from the sun.  
 It is a light colour to reflect the sun.  
 It has a little trap door (operculum) to stop it from drying out.

5. Using a thermometer, what is the temperature of the water in the rock pool?  
.....

## Seaweeds of the Rocky Shore

1. Using the ID guide, which seaweeds can you find?  
.....  
.....

2. Draw a sketch of one seaweed you can see.

3. Did you find any animals in the weed?  
 Yes     No
4. If so, what were they, and why would they live there?  
.....  
.....  
.....

5. How does the seaweed float?  
.....  
.....  
.....

6. Why is seaweed important on the rocky shore?  
.....  
.....  
.....

## Seashells of the Rocky Shore

Observe some seashells from an area near the rock platform and answer the following questions:

1. What are seashells?

.....  
.....  
.....

2. Using the ID guide, which shells have you observed?

.....  
.....  
.....  
.....

3. Draw a sketch of your favourite shell.



4. What colour is it? .....

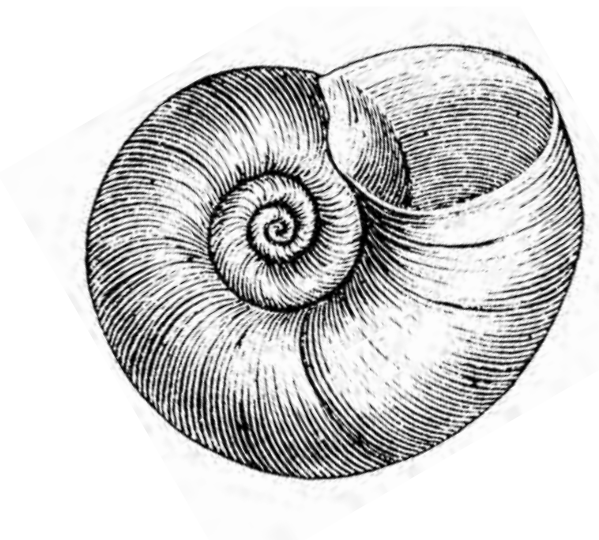
.....

5. What would be a benefit of being a light colour on the rocky shore?

.....  
.....

6. Would humans collect your shell? If so, why?

.....  
.....  
.....



7. What would happen if everyone collected shells from the rocky shore?

.....  
.....

8. How would the animal that lives inside your shell move?

.....  
.....  
.....  
.....

9. Where on the rocky shore did you find this shell?

.....  
.....  
.....

10. Why are shells important for the rocky shore?

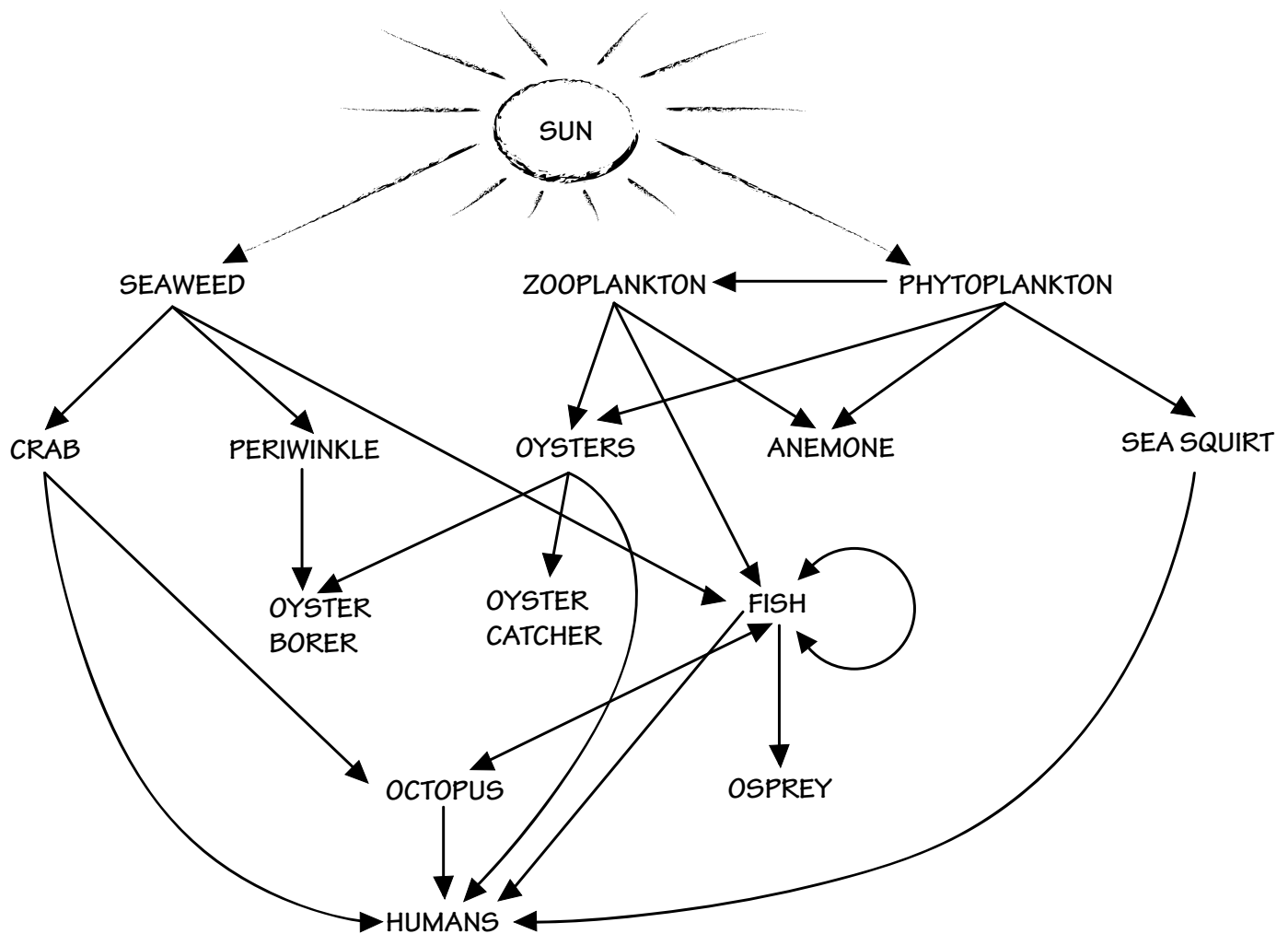
.....  
.....  
.....  
.....  
.....

# Food Web Game

SUITABLE FOR ALL STAGES

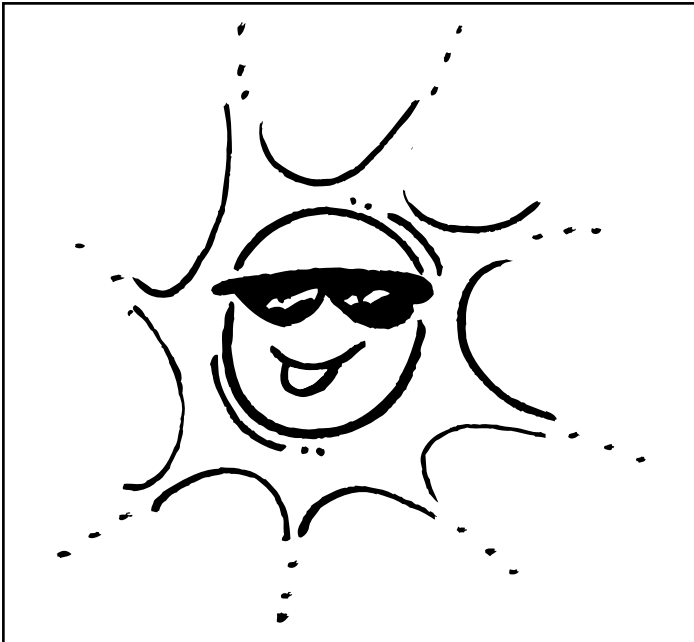
Explain a food web to the students using the points below.

- As high as 90% of young animals will not make adulthood because they are eaten by other animals in the food chain.
- Understanding food chains is important to work out how animals interact in a natural environment.
- A combination of food chains is called a food web, and each animal or plant in the web is generally dependent on the other.
- The diagram below shows how energy from the sun moves through different levels of the food chain.



Cut out the flash cards on the following pages and give them to the students who then become that plant or animal. (This may need to be done in smaller groups.) Get them to find their food source on the food web diagram. The arrows represent "is eaten/used by". The flash cards also identify what their animal's food source is. Once the students have found their "food" (i.e. another student), get them to attach to it by putting their arm on that student's shoulder.

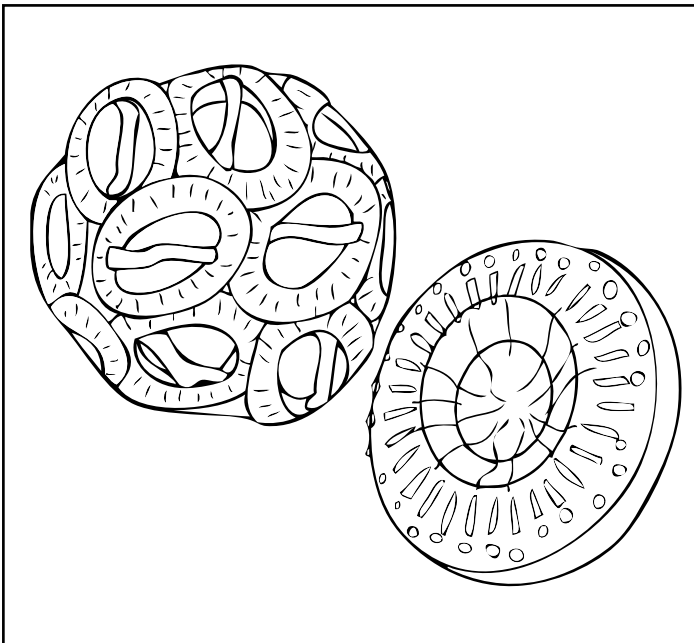
If one link was removed from the food chain, think about how it would effect the whole ecosystem. For example, if the seagrass was removed from a mudflat, then small fishes, mudwhelks, worms, large fishes and turtles would be affected. Try this with your food chain: ask seaweed to sit down, then whoever is attached to seaweed sits down, and so on.



## Sunlight

What uses/feeds on Sunlight?

Phytoplankton  
Seaweed



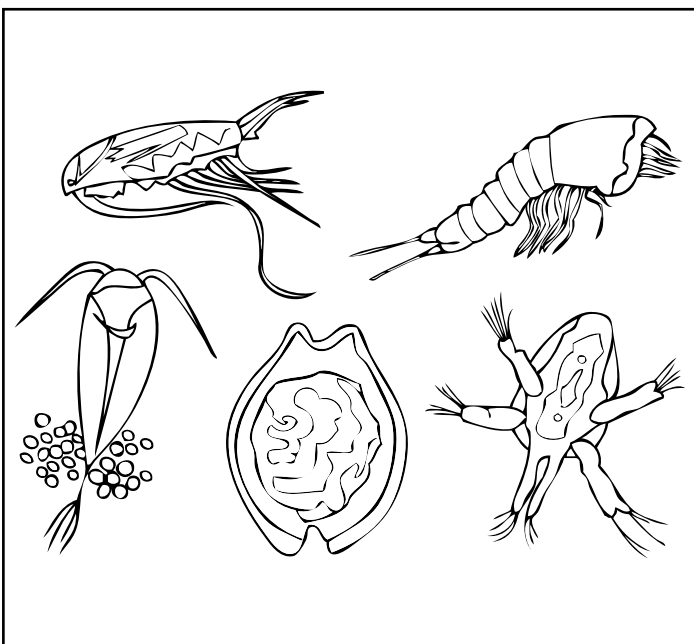
## Phytoplankton

Phytoplankton use/feed on:

Sunlight

What uses/feeds on Phytoplankton?

Zooplankton  
Anemone  
Sea squirt



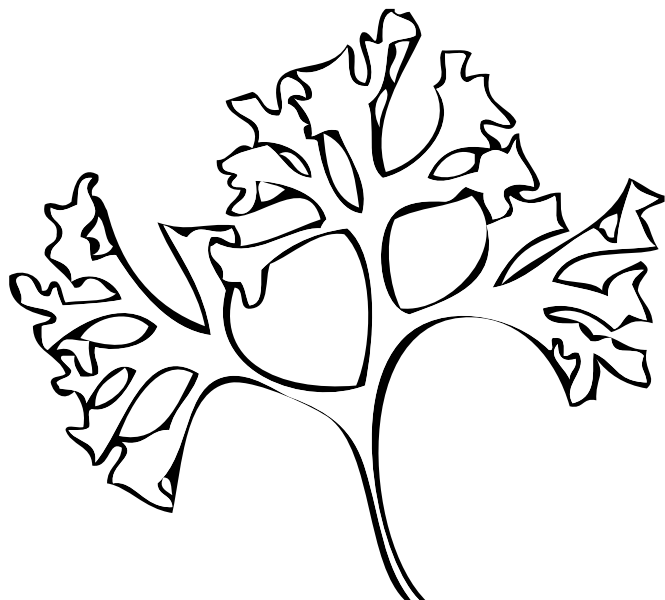
## Zooplankton

Zooplankton use/feed on:

Phytoplankton

What uses/feeds on Zooplankton?

Anemone  
Oyster  
Fish



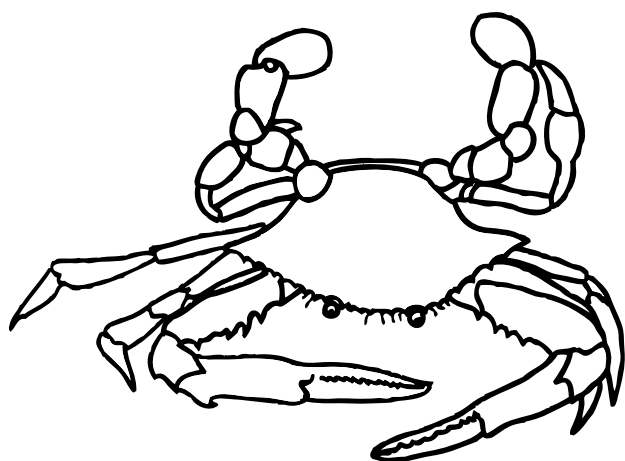
### **Seaweed**

Seaweeds use/feed on:

Sunlight

What uses/feeds on Seaweed?

Crab  
Periwinkle



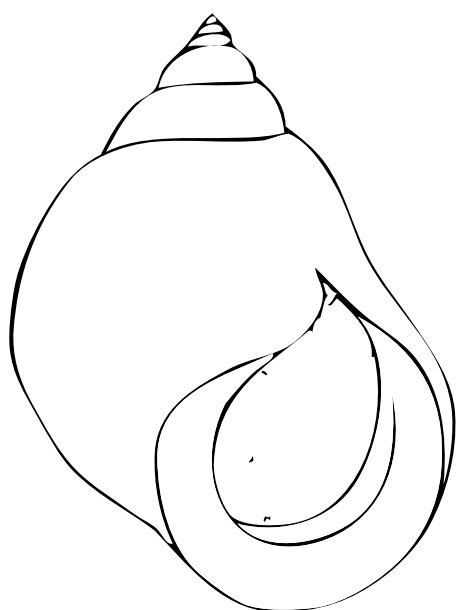
### **Crab**

Crabs use/feed on:

Seaweed

What uses/feeds on a Crab?

Octopus  
Humans



### **Periwinkle**

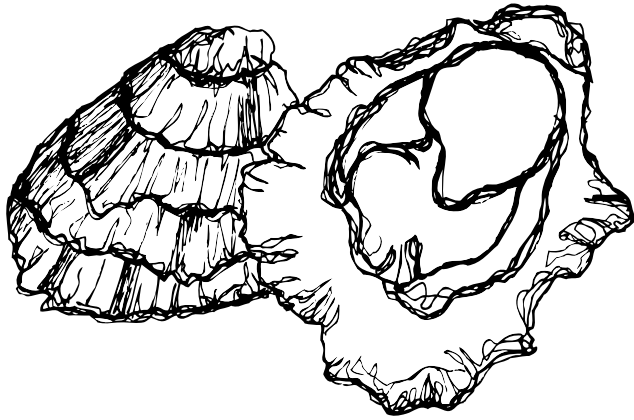
Periwinkles use/feed on:

Seaweed

What uses/feeds on a Periwinkle?

Oyster borer





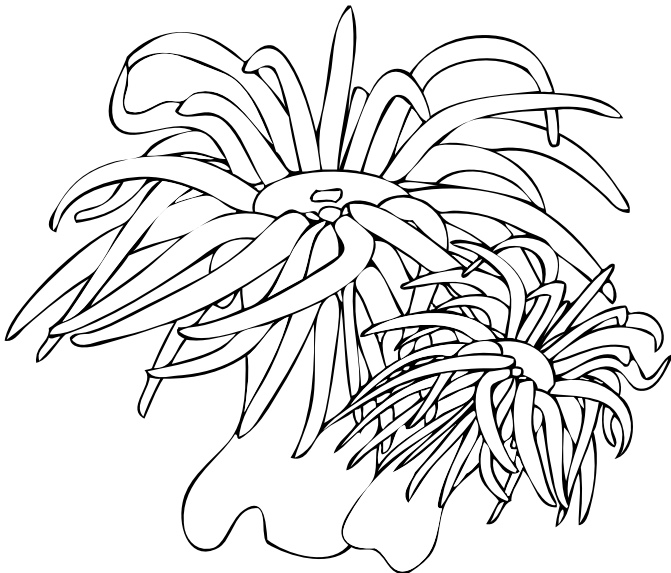
## Oyster

Oysters use/feed on:

Phytoplankton  
Zooplankton

What uses/feeds on Oysters?

Oyster borer  
Oystercatcher  
Humans



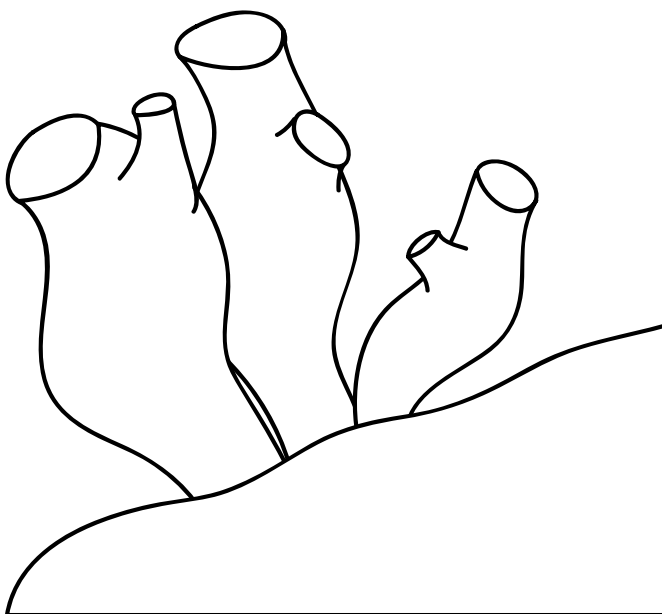
## Anemone

Anemones use/feed on:

Phytoplankton  
Zooplankton

What uses/feeds on an Anemone?

nothing



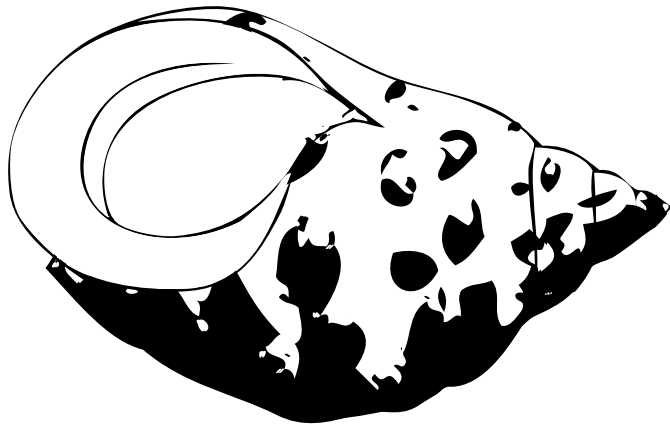
## Sea squirt

Sea squirts use/feed on:

Phytoplankton

What uses/feeds on a Sea squirt?

Humans



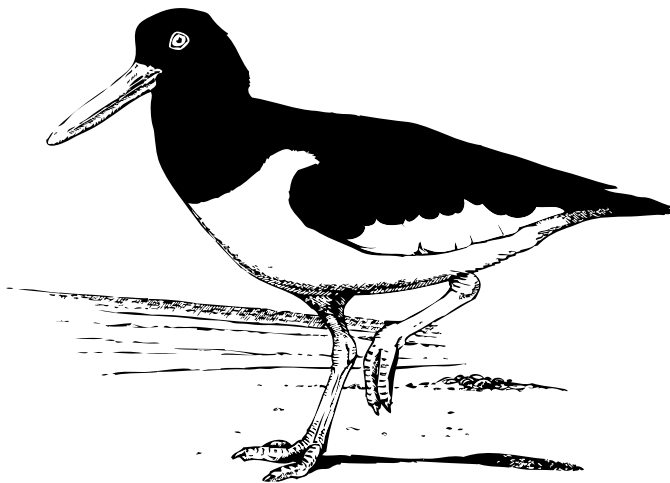
## Oyster borer

Oyster borers use/feed on:

Oysters  
Periwinkles

What uses/feeds on an Oyster borer?

nothing



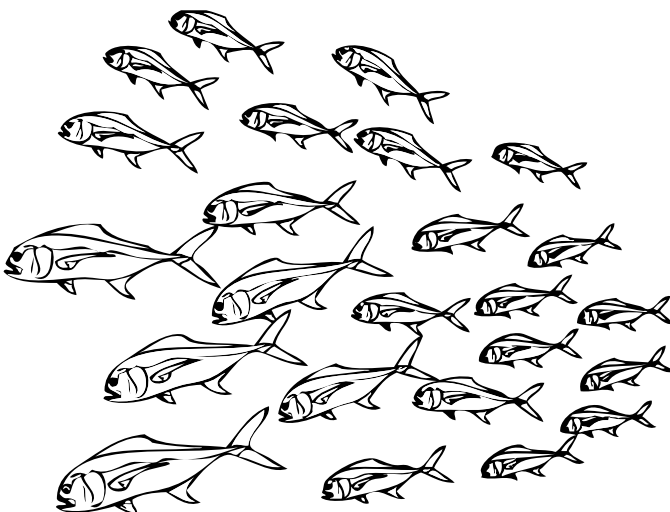
## Oystercatcher

Oystercatchers use/feed on:

Oysters  
Periwinkles

What uses/feeds on an Oystercatcher?

nothing



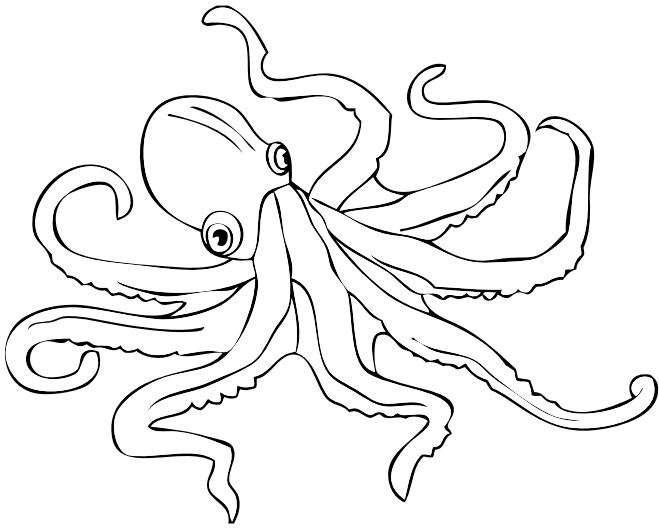
## Fish

Fish use/feed on:

Zooplankton  
Crabs  
Octopuses  
Fish

What uses/feeds on Fish?

Octopus  
Osprey  
Humans



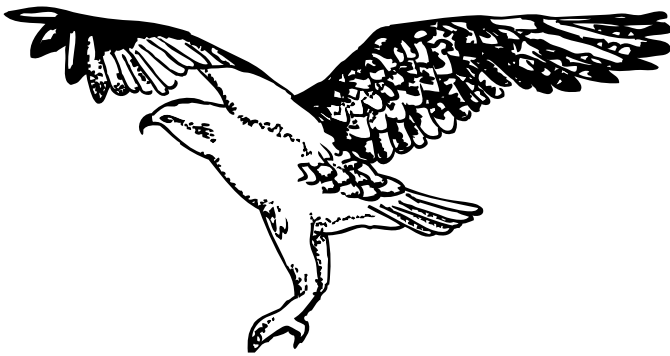
## Octopus

Octopuses use/feed on:

Fish  
Crab

What uses/feeds on an Octopus?

Humans  
Fish



## Osprey

Osprey use/feed on:

Fish

What uses/feeds on an Osprey?

nothing



## Humans

Humans use/feed on:

Sea squirts  
Oysters  
Crabs  
Octopuses  
Fish

What uses/feeds on a Human?

nothing

# Rocky Shores Risk Analysis

<b>Location:</b>		<b>Project/Job Name/No:</b>			<b>Date:</b>
<b>Work Activity/Task:</b> School excursion to rocky shore; rock pool study; quadrat study.		Staff consulted:			<b>Signature:</b>
<b>Item</b>	<b>Job step</b> Break the job down into steps.	<b>Potential dangers and incidents</b>	<b>Risk rating</b>	<b>Controls to prevent incidents</b> What will be done to make the job as safe as reasonably practicable.	<b>Person who will ensure this happens</b>
1	Communications with staff	Participant gets lost/Accident/ Other unforeseen event	M	<ul style="list-style-type: none"> <li>• Make role calls at regular intervals, including commencement and finish, and implement a buddy system setup.</li> <li>• Give a safety brief to participants at the beginning of the activity.</li> <li>• Advise administration staff of departure and arrival times.</li> <li>• Ensure at least one staff member has relevant first aid certification.</li> <li>• Carry a mobile phone, map and first aid kit.</li> <li>• Ensure mobile phones are charged before departure.</li> </ul>	Teaching staff
2	Weather conditions	Storm conditions/ Exposure	M	<ul style="list-style-type: none"> <li>• Check the weather and tides prior to leaving for the activity. (The activity must be undertaken at low tide.)</li> <li>• Ensure participants are correctly attired (i.e. with a hat, long-sleeved shirt, or a jacket if it is cold or rainy), and include such needs on the excursion consent form.</li> <li>• Have sunscreen and water available for participants, and include such needs on the excursion consent form.</li> </ul>	Teaching staff
3	Wet, slippery rock platform	Falling over and subsequent injury, such as cuts or sprains	M	<ul style="list-style-type: none"> <li>• Brief participants on the care needed when walking on rock platforms.</li> <li>• Review the study area and identify slippery patches, trip hazards and deep pools.</li> <li>• Ensure that all participants have appropriate footwear, and include such needs on the excursion consent form.</li> </ul>	Teaching staff

Item	Job step Break the job down into steps.	Potential dangers and incidents	Risk rating	Controls to prevent incidents What will be done to make the job as safe as reasonably practicable.	Person who will ensure this happens
4	Waves washing over rock platform	Drowning	H	<ul style="list-style-type: none"> <li>Plan the activity for low tide by checking the tide times at: <a href="http://www.bom.gov.au/oceanography/tides">http://www.bom.gov.au/oceanography/tides</a></li> <li>Ensure sufficient staff are in attendance to provide the appropriate "high risk" level of supervision.</li> <li>Brief participants on the care needed near the ocean (e.g. don't turn your back on the sea; stay away from the edge of the ocean; and make sure a "buddy" system is implemented).</li> <li>Ensure participants are at least 3m from the edge of the ocean and gutters at all times.</li> <li>Ensure participants are visible at all times.</li> </ul>	Teaching staff
5	Dangerous fauna	Stings from blue-ringed octopus, cone shells, sea anemones or blue bottles	M	<ul style="list-style-type: none"> <li>Warn children not to put their hands into rocky crevices.</li> <li>Explain that many creatures on the rock pools use stinging as a defence mechanism.</li> <li>Show pictures of any dangerous sea creatures which might be encountered.</li> </ul>	Teaching staff
6	Cuts	Broken glass	M	<ul style="list-style-type: none"> <li>Make children aware of any broken glass, tell them not to touch it, and let the staff pick it up.</li> <li>Wear appropriate footwear.</li> </ul>	Teaching staff

Reviewed by:

\_\_\_\_\_

Principal/Executive

\_\_\_\_\_

Signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Date

Risk Assessment Rating:

E Extreme risk; immediate action required

H High risk; senior management attention needed

M Moderate risk; management responsibility must be specified

L Low risk; manage by routine procedures.